



C RONA VIRUS

**PRACTISE GOOD HYGIENE
TO PROTECT YOURSELF**



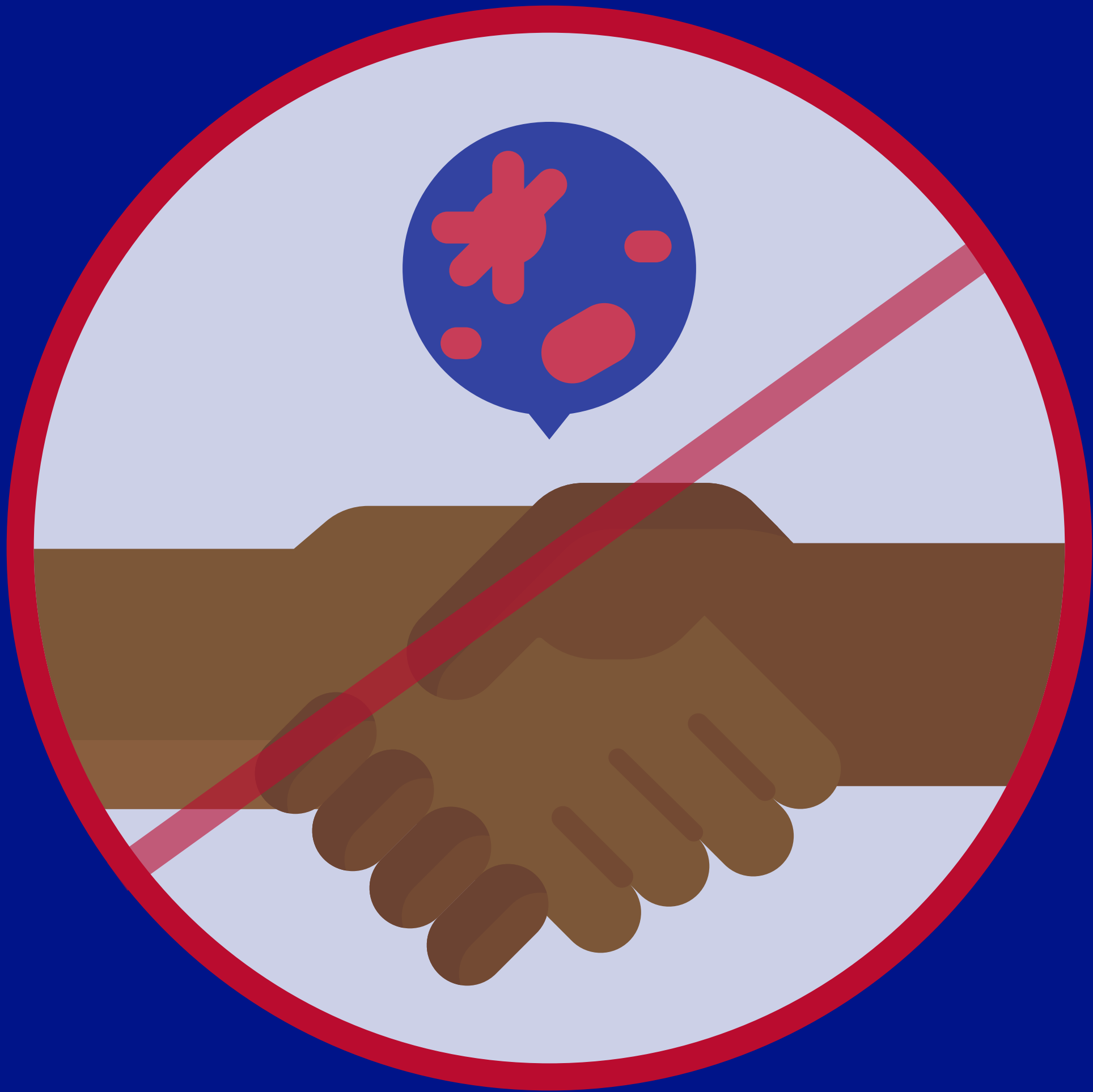
**WASH HANDS REGULARLY
& THOROUGHLY WITH SOAP.**



**COUGH AND SNEEZE INTO
TISSUE OR CROOK OF ARM.**



**AVOID TOUCHING YOUR FACE
WITH UNWASHED HANDS.**



**AVOID CONTACT WITH
PEOPLE WHO ARE SICK.**



**STAY HOME
IF YOU FEEL ILL.**

C RONA **VIRUS**

24-HOUR PUBLIC HOTLINE
0800 029 999



**Western Cape
Government**